

CURE Leukaemia

British Cyclists to Ride Across Japan

~Facing Chronic Lymphocytic Leukaemia (CLL) While Taking on a New Challenge~

David Stoyle (60) and Julia Stoyle (61), a British cycling couple living in the United Kingdom, will take on a five-week cycling journey across Japan from April 30 to June 3, 2026.



Japan Ride Poster



The Stoyles, travelling the world by bicycle

■ David and Julia Stoyles Who Have Cycled Across the World

For the past five years, the Stoyles have travelled the world by bicycle.

Their adventures include riding to the Arctic Circle in Norway, crossing Colombia, reaching the “end of the world” in Patagonia, and completing routes across Europe and the Alps—many of them extremely demanding.

■ Encountering CLL and Setting a New Goal

In December 2024, David was diagnosed with Chronic Lymphocytic Leukaemia (CLL) during a routine blood test for a hip replacement surgery.

Although CLL is a type of blood cancer that many people can live with, the diagnosis inspired him to begin fundraising to support people living with leukaemia.

After successfully recovering from his hip surgery, David set himself a new and ambitious goal: to take part in The Tour 21, riding all 21 stages of the Tour de France one week ahead of the professional riders.

He explains, “As part of our team’s overall fundraising target of £1 million for Cure Leukaemia, I am aiming to raise £30,000.”

This challenge will be undertaken by an international team of 20 riders, including David.

■ Why Japan?

This ride across Japan serves both as training for The Tour 21 and as an opportunity to raise awareness of this global charity initiative.

David's interest in Japan began while he was recovering from surgery and watching videos about cycling in Japan. The more he learned, the more he felt drawn to the country—its landscapes, culture, and the warmth of local communities. He wanted not only to visit Japan but to experience it deeply and understand it through direct interaction with local people.

Believing that travelling by bicycle while learning the language would be the best way to do this, he began studying Japanese in preparation for the journey.



A route to travel across Japan

■ Message Before Departure

“We would be delighted if people in Japan could learn about our activities and support our challenge. We also hope that we can inspire and encourage you,” the Stoyles said ahead of their departure.

***The Tour 21:** An official charity event in which participants ride all 21 stages of the Tour de France one week ahead of the professional race, raising funds to support people affected by blood cancer.

Additional Information

- **Japan Route:** <https://www.komoot.com/collection/3503418/-s-to-n-japan>
- **Fundraising page:** <https://www.justgiving.com/page/david-stoyle-4>
- **Tour21:** <https://www.thetour21.co.uk/>

- **Instagram:** @dabsgb <https://www.instagram.com/dabsgb/>
@adamson_julia https://www.instagram.com/adamson_julia/
@tour21 <https://www.instagram.com/thetour21/>

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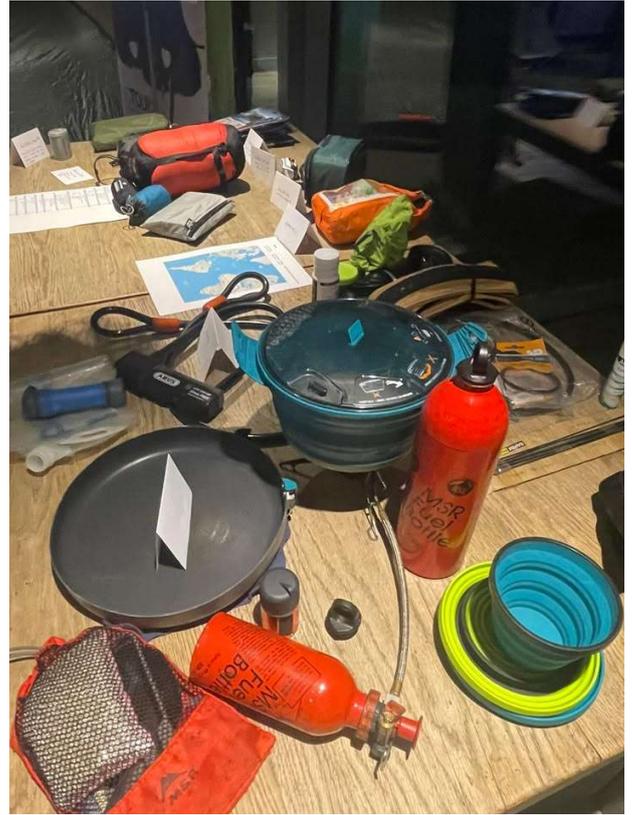
Interview in Bath, UK

(Left: David Stoye
Center: Julia Stoye)





The bicycles that have carried them on their journey



The gear they have used throughout their cycling adventures

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— Japanese lessons to make your dreams blossom —

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